

## SUBSTANCE ABUSE

DSM-5 (diagnosis)	14CFR67 (aviation definition)
<p><b>Requires 2 of 11 (in the past 12 months):</b></p> <p>Substance is often taken in larger amounts and/or over a longer period than the patient intended.</p> <p>Persistent attempts or one or more unsuccessful efforts made to cut down or control substance use.</p> <p>A great deal of time is spent in activities necessary to obtain the substance, use the substance, or recover from effects.</p> <p>Craving, strong desire or urge to use the substance</p> <p>Recurrent substance use resulting in a failure to fulfill major role obligations at work, school, or home.</p> <p>Continued substance use despite having persistent or recurrent social or interpersonal problem caused or exacerbated by the effects of the substance.</p> <p>Important social, occupational or recreational activities given up or reduced because of substance use.</p> <p>Recurrent substance use in situations in which it is physically hazardous.</p> <p>Substance use is continued despite having a persistent or recurrent physical or psychological problem that is likely to have been caused or exacerbated by the substance.</p> <p>Tolerance, as defined as either: (a) Markedly increased amounts of the substance in order to achieve intoxication or desired effect; or (b) markedly diminished effect with continued use of the same amount</p> <p>Withdrawal, as manifested by either of the following: (a) The characteristic withdrawal syndrome for the substance; or (b) The same (or a closely related) substance is taken to relieve or avoid withdrawal symptoms</p>	<p><b>Any <u>1</u> of the following:</b></p> <p style="text-align: center;">Tolerance</p> <p style="text-align: center;">Withdrawal</p> <p style="text-align: center;">Impaired control of use</p> <p>Continued use despite damage to physical health or impairment of social, occupational, or personal functioning.</p>